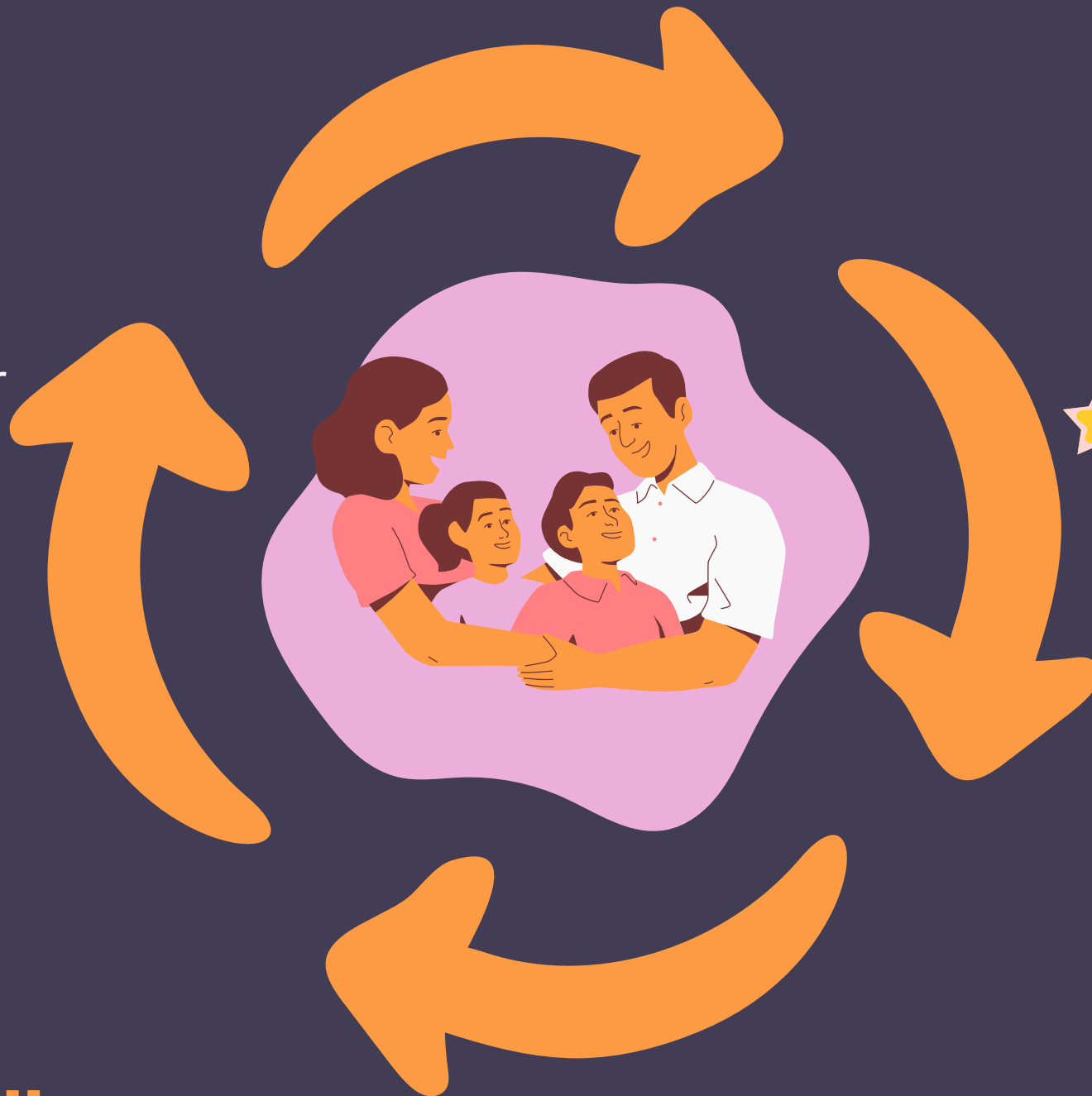


# Improving Family Relationships & Well-Being

★ Let your kids teach you something new from their world

★ Praise your children

★ Listen to each other



Relate NI ★ Appreciate the people you see every day