

We can relate, when we plan meaningful time together (and apart). Complete this milestone map together with your partner. Hang the map on your fridge as a reminder to keep working on your relationship

Relationship with the world

E.g. Hike 3 summits together this summer



Friendships

E.g. Have a night out separately with friends



Sexual Relationship

E.g. Try a new sex position

Relationship with Self



Family Relationships