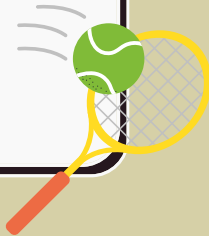


We can relate, when we plan to spend time together as a family. Complete this milestone map together, looking for opportunities to strengthen your relationships and support each other. Hang the map on your fridge as a reminder for family members to keep working on our relationships

Spend Time Together

Fun Activities

E.g. Play a board game together



How can we all help at home?

E.g. Assign one chores to each family member

Family Relationships

E.g. Do something nice for each family member this week



Support Each other