

Some Preparation Tips For Parents The First Day Of A New School..

- Do a mock school run to time how long it will take to get to the new school and back.
- Run through scenarios of if the school bus is missed, if parents are in work meetings etc.
- Go to bed earlier and get up earlier in the week leading up to school beginning so as to get used to that routine again.
- Make note of where drop off and pick up (if needed) are going to be each day.



- Go through letters from the school together so everyone feels included and informed about the school.
- Note on the calendar holiday dates and other important dates so everyone is aware of upcoming events.
- Ensure to note emergency numbers in your child's phone and/or note them down.
- Get organised early with uniform, shoes, stationary, etc.
- Give your child(ren) cash just encase they need some for break time or after school.
- STAY CALM – if you are stressed, your child(ren) get stressed. Even if you don't feel calm, put on that brave face until your child(ren) is out of sight. Your child(ren) can go to school calmer and more confident this way.

