

# 9 TIPS TO 'ARGUE WELL'

It's important that when conflict arises and there are kids around that parents know how to 'argue well' to protect the wellbeing of the children involved.

Listen  
actively &  
patiently

Don't  
retaliate

Talk in a  
calm  
manner

Speak  
clearly

Take turns  
to speak

Don't talk  
over each  
other

Try to look  
at their  
perspective

Apologise  
if you're in  
the wrong

Realise  
their  
feelings