

Contact Us



If you would like to have a discussion on how we can support each other, please contact our Fundraising Officer, Cara McVeigh on:

- caramcveigh@relateni.org
- 07483939578
- 3 Glengall Street, Belfast, BT12 5AB

Corporate Partnership Brochure: Can we Relate?

we can Relate

Reach & Impact 2021/22

18726

People directly helped

4204

Indirectly benefitted

87%

of people told us that relationship support helped improve their wellbieng

Donate



Relate NI

Who are Relate NI?

Relate NI is a charity with a mission to make expert information and support for healthy relationships available for everyone. We have been supporting people and their relationships across Northern Ireland for 75 years. We provide counselling services at locations across NI including from Belfast to Foyle, Newry to Coleraine and Ballymena to Omagh – we can also offer our professional counselling services through webcam and telephone. It doesn't matter if you're single, married, living together, separated, younger, older, parenting apart, parenting alone, gay, bisexual, straight or transgender – we're here to support you!

Why do we need your Support?

The Problem...

Relationship distress is a major factor in poor mental health.

The Gap...

- Last year we supported almost 23,000 people improve their lives through healthy relationships.
- However, 425,000 people in NI alone require relationship support.
- We are currently only helping 1 in 20.
- **We need your help to support the other 19.**

"It's so good to have been referred or I don't know how I would have been able to cope with how I was feeling"



Involve Everyone in your Organisation...

- Employee fundraising, e.g., an office challenge, bake sale or raising money for us by taking part in the marathon.
- Volunteer a specialist skill or knowledge.
- Sponsor one of our projects.
- Payroll giving.

87% of people told us that relationship support improved their wellbeing



The Start of a Beautiful Relationship...

- We are Northern Ireland's leading relationships support charity and this year celebrated our 75th birthday.
- We can support organisations with staff relationships and help you improve staff morale within your organisation by providing workshops and self- help resources.
- We can provide an excellent donation platform and provide support for fundraising activities.
- Our chairperson, Aidan Bennett, won Trustee of the Year at the C03 awards 2022 demonstrating our good governance.